

## Community Resource Guide

Addiction Treatment (Also see Mental Health pg. 9)

**Alcoholics Anonymous** [www.toledoaa.com](http://www.toledoaa.com)

### Arrowhead Behavioral Health

[www.arrowheadbehavioral.com](http://www.arrowheadbehavioral.com)

1725 Timberline Rd., Maumee, OH 43537

**419- 891-9333**

- 18 years or older, private 48-bed psychiatric hospital, provides inpatient and outpatient recovery and addiction services

### Court Diagnostic & Treatment Center

[www.courtdiagnostic.com](http://www.courtdiagnostic.com)

1946 N. 13<sup>th</sup> St., Suite 230, Toledo OH 43604

**419-244-8624**

- Evaluation services, mental health treatment, consulting services

### Mental Health and Recovery Services Board

[www.lcmhrsb.oh.gov](http://www.lcmhrsb.oh.gov)

701 Adams Street, Suite 800, Toledo, Ohio 43604

**419-213-4600**

- Planning, funding, evaluation, and monitoring of addiction and mental health services

### Zepf Center

[www.zepfcenter.org](http://www.zepfcenter.org)

6605 West Central Ave, Toledo, OH 43617

**419-841-7701**

- Youth/adults, inpatient/outpatient
- Child & adolescent psychiatric, medical, residential, and therapy service, several locations

### The Open Door

[www.cherrystreetmission.org](http://www.cherrystreetmission.org)

2823 Cherry Street, Toledo, OH 43608

**419-242-7281**

- Inpatient/men only - 24 beds,
- Recovery services, no sex offenders

### New Concepts

[www.newconceptsio.org](http://www.newconceptsio.org)

5301 Nebraska Ave, Toledo, OH 43615

**419-531-5544**

- Outpatient, adult/adolescent - ages 12-17
- Marijuana, suboxone and other drugs

### Treatment Alternative for Safer Communities (TASC)

[www.lucastasc.org](http://www.lucastasc.org)

701 Jefferson Ave, Ste 101, Toledo, OH 43604,

**419-242-9955,**

- Court ordered/ex-offenders, adult/adolescent

### Rescue Mental Health & Addiction Services

3350 Collingwood Blvd. Toledo, OH 43610

**419-255-9585**

[www.rescuemhs.com](http://www.rescuemhs.com)

- Adult and children assessments, referrals and stabilization services
- 24 hour Emergency Helpline: **call 211**
- Urgent Care Center

### A Renewed Mind

[www.arenewedmindservices.org](http://www.arenewedmindservices.org)

1946 N 13<sup>th</sup> St. Toledo, OH 43604

**419-720-9247**

- Adults/children
- Assessments, evaluations, medication assisted treatment

### Unison Behavioral Health

<http://www.unisonbhg.org/>

Various locations , **419-693-0631**

- Substance abuse services – adolescents and adults

### Urban Minority Alcoholism and Drug Abuse Outreach Program (UMADAOP)

[www.umadaop.org](http://www.umadaop.org)

2447 Nebraska Ave. Toledo, OH 43607

**419-255-4444**

- Adults/children
- Treatment, recovery and prevention services

### Glenbeigh

[www.glenbeigh.com](http://www.glenbeigh.com)

3425 Executive Parkway Suite 207, Toledo OH, 43606,

**419-536-4000**

- Accepts Medicaid, inpatient, outpatient, specialty and extended treatment services, family counseling

### Toledo Area Heroin Anonymous

[www.heroinanonymous.org](http://www.heroinanonymous.org)

[www.toledoareaheroinanonymous.com](http://www.toledoareaheroinanonymous.com)

Ohio Help Line: **888-699-7556**

Toledo Help Line:**419-322-0619**

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**Fo** resources visit: <http://www.unitedwaytoledo.org/211>

**Fo** ons. deletions or changes please call 419-213-3815 or click here:

**ht** [cccommunityresourceguide.wordpress.com/](http://cccommunityresourceguide.wordpress.com/)

**T. Whitehead Recovery Center**

2044 Genesee St., Toledo OH 43605

**419-691-8882**

- Addiction treatment and recovery housing for males

**Empowered for Excellence**

[www.efebh.org](http://www.efebh.org)

919 Madison Ave, Toledo, OH, 43604

**567-316-7253**

- Addiction and mental health treatment

**Behavioral Connections**

[www.behavioralconnections.org](http://www.behavioralconnections.org)

27072 Carronade Dr. Perrysburg OH, 43551

**419-872-2419**

- Sliding fee for wood county residents, accepts Medicaid

**Birth Certificates/State ID Assistance****Catholic Charities**

[www.catholiccharitiesnwo.org](http://www.catholiccharitiesnwo.org)

1933 Spielbusch Ave, Toledo, OH 43604

**419-244-6711.**

- Ex-offenders released within past 90 days certain criteria must be met
- First-come, first-serve starting on first business day of month.
- Must be born in Ohio and must bring all documents to be given assistance.

**Cherry Street Mission**

[www.cherrystreetmission.org](http://www.cherrystreetmission.org)

105 17th St, Toledo, OH 43604

**419-242-5141**

- Shelter residents only

**Toledo Area Ministries Clearing House**

[www.tamohio.org/j25/index.php/ministries/clearinghouse](http://www.tamohio.org/j25/index.php/ministries/clearinghouse)

444 Floyd St, Toledo, OH 43606

**419-242-7401**

- M-Th: 9am-4:30pm, F: 9am-12pm.
- Need referral from local church.

**Bureau of Motor Vehicles**

[www.bmv.ohio.gov](http://www.bmv.ohio.gov)

**Toledo Regional Service Center**

4400 Heatherdowns Blvd, Toledo, Ohio 43614

**844-644-6268** (OHIOBMV)

- Monday through Friday: 8:00 a.m. until 4:30 p.m.

**Heatherdowns License Agency**

4460 Heatherdowns Blvd, Toledo, OH 43614

**419-381-1109**

Licensing, reinstatement checks, Exams, etc...

**Deputy Registrar**

- 1600 Madison Ave, Toledo, OH 43604

**Budgeting/Money Management Counseling****Eberly Center**

[www.utoledo.edu/centers/eberly](http://www.utoledo.edu/centers/eberly)

2120 Campus Road Toledo, OH 43606

Tucker Hall room 0168

**419-530-8570**

- By appointment only finance counseling and referral services

**Crossroads Family Resource Center (in Reformation Lutheran Church)**

[www.lsnwo.org/messenger/FRC](http://www.lsnwo.org/messenger/FRC)

4543 Douglas Road, Toledo OH 43613

**419-475-3258**

**Toledo Area Ministries**

<http://www.tamohio.org/j25/>

3043 Monroe St., Toledo OH 43606

**419-242-7401**

- Keeping it Together financial help

**St. Paul's Community Center**

[www.stpaulscommunitycenter.org](http://www.stpaulscommunitycenter.org)

230 13th Street, Toledo, OH 43604

**419-255-5520 ext. 210**

**Northwest Ohio Development Agency**

[www.nodatoledo.org](http://www.nodatoledo.org)

432 N. Superior St, Toledo, OH 43604

**419-243-3734 ext. 42**

**United North**

[www.unitednorth.org](http://www.unitednorth.org)

3106 LaGrange St, Toledo, and 725 LaGrange St, Toledo OH, 43604

**419-720-6812 Ext 20**

- North Toledo residents only

**Apprisen**

[www.apprisen.com](http://www.apprisen.com)

4500 E. Broad Street Columbus OH, 43213

**1-800-355-2227**

## **Child Care**

### **Ohio Benefit Bank**

[www.obb.ohio.gov](http://www.obb.ohio.gov)

**1-800-648-1176**

- To apply for assistance with the cost of child care: contact

### **YWCA Childcare Connections**

[www.ywcanwo.org](http://www.ywcanwo.org)

1018 Jefferson Ave, Toledo, OH 43604

**419-255-5519 or 1-800-632-3052**

- Resource and referral service, help finding provider that fits needs

### **University of Toledo Child Care**

[www.utoledo.edu/centers/earlylearn](http://www.utoledo.edu/centers/earlylearn)

1932 Birchwood, Toledo, OH 43614

**419-530-6710**

- Care for toddlers, preschool and school aged children

## **Clothing**

### **Cherry Street Mission LifeBridge Center**

[www.cherrystreetmission.org/services](http://www.cherrystreetmission.org/services)

3342 Monroe St. 43606

**419-246-9552**

- FREE clothing (infant to adult)

### **Dress Right**

[www.monroestumc.com/reaching-out/monroe-street-neighborhood-center](http://www.monroestumc.com/reaching-out/monroe-street-neighborhood-center)

3613 Monroe St, Toledo, OH 43606

**419-473-1167**

- FREE job interview clothing, church or social service referral needed

### **Helping Hands of St. Louis/St. Vincent de Paul**

[www.catholiccharitiesnwo.org/helping-hands-of-st-louis/helping-hands-services/](http://www.catholiccharitiesnwo.org/helping-hands-of-st-louis/helping-hands-services/)

443 Sixth St. Toledo, OH 43605

**419-691-0613**

- Free clothing once every 3 months per household.
- Anyone may shop
- Other services offered to East Toledo residents only

### **Mission Mall/Toledo Gospel Rescue Mission**

[www.toledogospelrescuemission.org/mission-mall/](http://www.toledogospelrescuemission.org/mission-mall/)

2123 Ashland Ave, Toledo, OH 43604

**419-242-6642**

- Saturdays noon-2pm
- FREE - limit of 5 items
- Furniture/appliances/household goods available for donation during week, call for hours

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For more Resources visit: <http://www.unitedwaytoledo.org/211>

## **Computer Classes**

### **Eberly Center**

[www.utoledo.edu/centers/eberly/](http://www.utoledo.edu/centers/eberly/)

2120 Campus Road Toledo, OH 43606

Tucker Hall room 0168

**419-530-8570**

- Call ahead space is limited, full payment expected on or before the first day of classes

### **Ohio Means Jobs**

[www.jobseeker.ohiomeansjobs.monster.com/](http://www.jobseeker.ohiomeansjobs.monster.com/)

1301 Monroe St, Toledo, OH 43604

**419-213-5627**

### **St. Paul's Community Center**

[www.stpaulscommunitycenter.org/](http://www.stpaulscommunitycenter.org/)

230 13th Street, Toledo, OH 43604

**419-255-5520 ext. 203**

### **Toledo-Lucas County Public Libraries**

[www.web2.toledolibrary.org/](http://www.web2.toledolibrary.org/)

**419-259-5207**

## **Dental**

### **Dental Center of Northwest Ohio**

[www.dentalcenternwo.org/](http://www.dentalcenternwo.org/)

(low-income, homeless)

2138 Madison Ave, Toledo, OH 43604

**419-725-2521**

- Low-Income, homeless
- Call for appointment,
- Medicaid/HMO/fees, prices vary: \$37/toothache diagnosis, \$37-\$80/wisdom teeth diagnosis, \$87/cleaning, \$69/extraction, all children's services \$25
- Homeless: FREE,
- First come/first serve, need referral from shelter, call for dates.

### **Mildred Bayer Clinic**

[www.nhainc.org/bayer-homeless-clinic](http://www.nhainc.org/bayer-homeless-clinic)

2101 Jefferson, Toledo, OH 43604

**419-241-1554**

Dental OPTIONS (Ohio Department of Health and Ohio Dental Association),

**1-888-765-6789** to request application.

- Homeless,
- For those with low income, few resources, no dental insurance or Medicaid

**Owens Community College Dental Hygiene Clinic**  
[www.dentalcenterwo.org/dental-resource-center/drc-partners](http://www.dentalcenterwo.org/dental-resource-center/drc-partners)

567-661-7294 or 1-800-GO-OWENS, Ext. 7294

- \$25/cleaning, \$10-\$50/fillings, Medicaid/fees, appointment only, open Sept to May

**Health Science Campus UT Medical Center**

3065 Arlington Ave., Toledo, OH 43614

419-383-3805

- Open year-round Monday-Friday 8:30am-5pm, appointment only
- 24-hr emergency service

**Lucas County Health Department**

[www.lucascountyhealth.com/](http://www.lucascountyhealth.com/)

635 N. Erie St Toledo, OH 43604

419-213-6255

- Children 3-18

**Disability Assistance**

**Lucas County Board of Developmental Disabilities**

[www.lucasdd.org/](http://www.lucasdd.org/)

419-380-4000

**The Ability Center of Greater Toledo**

[www.abilitycenter.org](http://www.abilitycenter.org)

5605 Monroe Street, Sylvania OH 43560

419-885-5733

- Buy/sell equipment, life planning, community resources

**FOCUS**

[www.focustoledo.org](http://www.focustoledo.org)

2283 Ashland Ave, Toledo, OH 43620, 419-244-2175

- Housing
- Help with housing, food referrals, education, future planning and finding a job
- Housing referrals only from shelter case manager.
- Must complete SPDAT assessment.

**The Arc of Lucas County**

[www.arclucas.org](http://www.arclucas.org)

3450 W. Central Ave suite 354, Toledo, OH 43606

419-882-0941

- Life planning, transition services, advice for caregivers

**Ohio Rehabilitation Services Commission**

[www.ood.ohio.gov](http://www.ood.ohio.gov)

- Help finding job or keeping current employment  
5241 Southwyck Blvd, Suite 200, Toledo, OH 43614, 1-800-589-5811

**Sight Center of Northwest Ohio**

[www.sightcentertoledo.org](http://www.sightcentertoledo.org)

1002 Garden Lake Parkway, Toledo, OH 43614

419-720-EYES (3937) or 1-800-624-8378,

- Blind or visually impaired

**TARPS**

<http://tarta.com/services/tarps/>

419-382-9901

- \$2.50 per direction, passes available call for pricing
- Transportation for those with disabilities

**Armed Forces**

[www.thearmsforces.org](http://www.thearmsforces.org)

PO Box 981 Maumee

419-491-1555

FREE

- Veterans with traumatic brain injuries or post-traumatic stress disorder

**Help Me Grow Lucas County**

[www.helpmegrow.ohio.gov](http://www.helpmegrow.ohio.gov)

2275 Collingwood Blvd. Toledo, OH, 43620

419-725-7194

- Services for parents of infants and toddlers with developmental disabilities

**The Fair Housing Center**

[www.toledofhc.org](http://www.toledofhc.org)

432 N. Superior St, Toledo, OH 43604

419-243-6163,

- Discrimination assistance

**Domestic Violence/Sexual Assault**

**Crisis Response Team**

[www.co.lucas.oh.us/index.aspx?NID=319](http://www.co.lucas.oh.us/index.aspx?NID=319)

2230 W. Sylvania Ave., Toledo OH 43613

419-245-3324

**Bethany House**

Domestic Violence Shelter

<http://www.bethanyhousetoledo.org/>

419-727-4948

**Family and Child Abuse Prevention Center**

[www.fcapc.org/fcapc/](http://www.fcapc.org/fcapc/)

2460 Cherry St, Toledo, OH 43608

419-244-3053

**Project Genesis, Family Service of Northwest Ohio**

[www.fsno.org/lucascounty.aspx](http://www.fsno.org/lucascounty.aspx)

701 Jefferson, Ste 301, Toledo, OH 43604

419-725-3429

- Support groups, referrals, assistance with court system/social services issues

**Toledo Police Domestic Violence Unit**

Domestic Violence Resources

<http://www.co.lucas.oh.us/index.aspx?NID=550>

419-245-1132

**YWCA Battered Women's Shelter**

[http://www.ywcanwo.org/site/c.9rKQI9MJlciWE/b.8104099/k.715D/Domestic\\_Violence\\_Shelter.htm](http://www.ywcanwo.org/site/c.9rKQI9MJlciWE/b.8104099/k.715D/Domestic_Violence_Shelter.htm)

1-888-341-7386

- Single women, women with children
- 24/7 crisis hotline

**Food (Also See Meals pg. 8)****Toledo Northwestern Ohio Food Bank,**

[www.toledofoodbank.org](http://www.toledofoodbank.org)

419-242-5000 ext. 204, or United Way 2-1-1 (800-650-4357)

- By Zip Code

**Ohio Benefit Bank, 1-800-648-1176 or [www.obb.ohio.gov](http://www.obb.ohio.gov)**

- To apply for food stamps

**The Providence Center for Social & Economic Empowerment**

[www.providencecentertoledo.org](http://www.providencecentertoledo.org)

1205 Broadway Toledo, Ohio 43609

- Nutrition education, and other food programs available

**Feed Your Neighbor/Toledo Area Ministries**

[www.tamohio.org/j25/index.php/ministries/feed-your-neighbor](http://www.tamohio.org/j25/index.php/ministries/feed-your-neighbor)

444 Floyd St, Toledo, OH 43606

419-242-7401

- Food pantry, once a month, referral needed

**Focus Toledo**

[www.focustoledo.org](http://www.focustoledo.org)

2283 Ashland Ave., Toledo OH 43620

419-244-2175

9am – 5pm Mon – Fri

- Emergency food and service referrals

**Friendly Center**

[www.friendlycentertoledo.org](http://www.friendlycentertoledo.org)

1324 N. Superior St., Toledo, OH 43604

419-243-1289

- 9am-7:30 pm
- Food Pantry

**Helping Hands of St. Louis/St. Vincent de Paul**

[www.catholiccharitiesnwo.org/helping-hands-of-st-louis/helping-hands-services/](http://www.catholiccharitiesnwo.org/helping-hands-of-st-louis/helping-hands-services/)

443 Sixth St. Toledo, OH 43605

419-691-0613

Food pantry

- Tuesdays and Thursdays from 9:30 to 11:30 a.m
- This service is available once every 30 days per household address.
- East Toledo residents only, must have proof of address

**Angelfood Ministries**

[www.angelfoodministries.com](http://www.angelfoodministries.com)

- Boxed food at discount
- Various locations
- Food stamps accepted

**Feed Lucas County Children**

[www.feedlucaschildren.org](http://www.feedlucaschildren.org)

419-260-1556

- Summer feeding sites
- Various locations

**Toledo Area Ministries**

<http://www.tamohio.org/j25/>

3043 Monroe St., Toledo OH 43606

419-242-7401

**Wesley United Methodist Church**

[www.toledowesleyumc.com/7685.html](http://www.toledowesleyumc.com/7685.html)

2934 Stickney Ave. Toledo, OH 43608

419-726-4160

- Food pantry
- Open last three Saturdays of the month, 9 a.m. to 11 a.m.
- Must have ID, available once per month

## **Housing**

*Rent/Mortgage/Financial Assistance*

### **Sylvania Area Family Services**

[www.sylvaniaareafamilyservices.org](http://www.sylvaniaareafamilyservices.org)

5440 Marshall Rd, Sylvania, OH 43560

**419-882-8416**

- Sylvania residents only
- Must have eviction notice

### **Veterans' Service Commission**

2595 Arlington, Toledo, OH 43614

**419-213-6090**

- Emergency assistance for veterans and spouses

### **Toledo Area Ministries Clearing House**

444 Floyd St, Toledo, OH 43606

**419-242-7401**

- M-Th 9am-4:30pm F- 9am-12pm
- Need referral from local church

### **East Toledo Family Center**

[www.etfc.org](http://www.etfc.org)

1020 Varland Ave, Toledo, OH 43605

**419-691-1429**

### **Northwest Ohio Development Agency**

[www.nodatoledo.org](http://www.nodatoledo.org)

432. N. Superior St, Toledo, OH 43604

**419-243-3734 ext. 40**

- Mortgage/foreclosure assistance
- No rent assistance, assistance with discrimination claims

### **The Fair Housing Center**

[www.toledofhc.org](http://www.toledofhc.org)

432 N. Superior St, Toledo, OH 43604

**419-243-6163**

- Emergency mortgage assistance for low-income families

### **Save the Dream Ohio**

[www.savethedream.ohio.gov](http://www.savethedream.ohio.gov)

**888-404-4674**

- Referral and information for those facing foreclosure

## **Help Finding Housing**

### **FOCUS**

[www.focustoledo.org](http://www.focustoledo.org)

2283 Ashland Ave, Toledo OH 43606

**419-244-2175**

- Permanent housing for mental/physical disabilities, substance abuse rehabilitation; transitional housing for homeless
- Need referral from shelter
- Families or single parents only

### **Neighborhood Properties**

[www.neighborhoodproperties.org](http://www.neighborhoodproperties.org)

2753 W. Central Ave, Toledo, OH 43606

**419-473-2604**

- Homeless, veterans, physical/mental disabilities, ex-offenders
- Must be connected to mental health agency and have referral

### **YWCA**

[www.ywcanwo.org/site/c.9rKQI9MJcIWE/b.7962401/k.BC/C8/Home.htm](http://www.ywcanwo.org/site/c.9rKQI9MJcIWE/b.7962401/k.BC/C8/Home.htm)

1018 Jefferson Ave, Toledo, OH 43604

**419-241-7386 or 1-888-341-7386**

- For battered women's shelter residents
- 24/7 crisis hotline

### **Fair Housing Center**

[www.toledofhc.org](http://www.toledofhc.org)

432 N. Superior St, Toledo, OH 43604

**419-243-6163**

- Assistance with discrimination claims

### **United North**

[www.unitednorth.org](http://www.unitednorth.org)

3106 LaGrange St, Toledo, OH 43608, and 725 LaGrange St, Toledo, OH

**419-720-6812 Ext 20.**

- North Toledo residents only
- Exterior repair loans
- Emergency home repairs

## **Job Search / Job Readiness / Resumes / GED**

### **Cardinal Staffing.com**

[www.cardinalstaffing.com](http://www.cardinalstaffing.com)

**419-666-8500**

- Help with finding employment

### **Tyrostaffing.com**

[www.theridgeproject.com](http://www.theridgeproject.com)

**419-278-0092**

- Help with obstacles finding employment

### **ABLE/Owens GED Class Information**

[www.owens.edu/able/able-sched.pdf](http://www.owens.edu/able/able-sched.pdf)

**(567) 661-ABLE**

**Ohio Means Jobs**

[www.jobseeker.ohiomeansjobs.monster.com](http://www.jobseeker.ohiomeansjobs.monster.com)

1301 Monroe Street Toledo, OH 43604

419-213-5627

**Friendly Center**

[www.friendlycentertoledo.org](http://www.friendlycentertoledo.org)

GED classes

1324 N. Superior Toledo, OH 43604

419-243-1289

**Pathways**

[www.pathwaytoledo.org](http://www.pathwaytoledo.org)

505 Hamilton Ave, Toledo, OH 43604

419-242-7304 ext.1156

Dress Right

3613 Monroe St, Toledo, OH 43606

**Jobs - Temp Agencies****Addeco,**

[www.adeccousa.com](http://www.adeccousa.com)

419-874-9675,

- Various locations

**Job1USA, [www.job1usa.com](http://www.job1usa.com)**

701 Jefferson Ave, Toledo, OH 43604

419-255-5005,

**Manpower**

[www.us.manpower.com](http://www.us.manpower.com)

340 W. Dussel Dr, Maumee, OH 43537

419-893-4413

**Express Employment**

[www.expresspros.com/Toledo/](http://www.expresspros.com/Toledo/)

5350 Airport Highway #104, Toledo, OH 43615

419- 382-6838

240 West Alexis Rd. Toledo, OH 43613

419-478-6060

**Supplemental Staffing**

[www.supplemental.com/](http://www.supplemental.com/)

5333 Southwyck Blvd, Toledo, OH 43614

419-866-8367

**Kelly Services**

<http://www.kellyservices.us/us/ushome>

4204 W Sylvania Ave Suite 102, Toledo, OH 43623

**Ohio Rehabilitation Services Commission**

[www.ood.ohio.gov](http://www.ood.ohio.gov)

5241 Southwyck, Suite 200, Toledo, OH 43614

1-800-589-5811

- Physical/mental disabilities

**Toledo-Lucas County Public Libraries**

[www.toledolibrary.org](http://www.toledolibrary.org).

419-259-5209

- Make a one-on-one job search appointment with a librarian.
- For free basic computer classes. Check with your nearest branch or visit

**Legal Assistance****Advocates for Basic Legal Equality (ABLE) and Legal Aid of Western Ohio**

[www.lawolaw.org](http://www.lawolaw.org)

525 Jefferson Ave suite 300, Toledo, OH 43604

419-255-0814 or 877-894-4599

- Advice in civil matters, income limits apply

**Legal Aid Line**

[www.legalaidline.org](http://www.legalaidline.org)

1-888-534-1432 or 419-724-0460

- Advice/referrals in civil matters; income limits apply

**Harbor Symmetry Wellness**

419.475.5338 or 800.422.5338

- Counseling and help for those needing financial and legal assistance

**The Fair Housing Center**

<http://www.lawolaw.org/legal-aid-questions-answered>

432 N. Superior St, Toledo, OH 43604

419-243-6163

- Rent/housing discrimination

**Ohio Consumers' Counsel**

[www.occ.ohio.gov](http://www.occ.ohio.gov)

1-877-PICKOCC (1-877-742-5622)

- Utilities

**University of Toledo College of Law Legal Clinic**

[www.utoledo.edu/law/academics/clinics/](http://www.utoledo.edu/law/academics/clinics/)

419-530-4236

- Assistance in civil cases (income limits apply) open Sept-May

**Toledo Bar Association**

[www.toledobar.org](http://www.toledobar.org)

419-418-5323

- Advice/pro bono representation in civil matters, income limits apply

**Meals (Also see Food pg. 5)** *Call ahead to verify current mealtimes*

**Toledo Gospel Rescue Mission**

[www.toledogospelrescuemission.org](http://www.toledogospelrescuemission.org)

1917 Jefferson Ave, Toledo, OH 43604

419-242-6642

- Chapel attendance required.
- Doors daily at 4PM, chapel at 430PM, dinner at 5PM

**Madison Food Service and Community Center (Cherry Street Mission)**

[www.cherrystreetmission.org](http://www.cherrystreetmission.org)

1919 W. Madison Ave., Toledo, OH 43604

419-242-5141

- Open to public daily 7:30-8:30 a.m./Noon-1 p.m./5-6 p.m.

**Good Samaritan Outreach Center (Cherry Street Mission)**

[www.cherrystreetmission.org](http://www.cherrystreetmission.org)

1108 Broadway St., Toledo, OH 43604

419-242-5141

- Open to public daily 7:30-8:30 a.m./Noon-1 p.m./5-6 p.m.

**Helping Hands of St. Louis Church**

[www.catholiccharitiesnwo.org/helping-hands-of-st-louis/](http://www.catholiccharitiesnwo.org/helping-hands-of-st-louis/)

443 Sixth Street, Toledo, OH 43605

419-691-0613

- MWF 8-10am, M-F 11am-12:30pm.

**St. Paul's Community Center**

[www.stpaulscommunitycenter.org](http://www.stpaulscommunitycenter.org)

230 13th Street, Toledo, OH 43604

419-255-5520

- Mon-Sat Noon-1:30PM

**Martin Luther King Kitchen for the Poor**

[www.kitchenforthe poor.org](http://www.kitchenforthe poor.org)

650 Vance St, Toledo, OH 43604

419-241-2596

**Medical****CareNet**

[www.toledocarenet.org](http://www.toledocarenet.org)

3231 Central Park West, Suite 200, Toledo, OH 43617

419-842-0800

- Sliding-scale fee health care for low-income Lucas County residents

**Neighborhood Health Association**

[www.nhainc.org](http://www.nhainc.org)

Cordelia Martin Community Health Center and Daisy Smith Pediatrics

430 Nebraska Ave, Toledo, OH 43604

419-255-7883 Ext 100

**Huron Street Women's Center**

[www.nhainc.org/huron-st-womens-center](http://www.nhainc.org/huron-st-womens-center)

923 N. Huron, Toledo, OH 43604

419-242-6028

- OB/GYN, pregnancy

**NHA Pediatrics**

[www.nhainc.org/NHA-pediatric-clinic](http://www.nhainc.org/NHA-pediatric-clinic)

1 Aurora Gonzalez Dr., Toledo, OH 43609

419-241-4230

**River East Community Health Center**

[www.nhainc.org/river-east-community-health-center](http://www.nhainc.org/river-east-community-health-center)

117 Main Street, Toledo, OH 43605

419-691-1322

**South Side Community Health Center**

[www.nhainc.org/south-side-health-center](http://www.nhainc.org/south-side-health-center)

732 South Street, Toledo, OH 43609

419-241-6106

**Mildred Bayer Clinic for the Homeless**

[www.nhainc.org/bayer-homeless-clinic](http://www.nhainc.org/bayer-homeless-clinic)

2101 Jefferson Ave, Toledo, OH 43604

419-241-1554

**Lucas County Health Department**

[www.lucascountyhealth.com](http://www.lucascountyhealth.com)

635 N. Erie St, Toledo, OH 43604

419-213-4100

**Western Lucas County Clinic**

[www.lucascountyhealth.com/#/health/health-services](http://www.lucascountyhealth.com/#/health/health-services)

330 Oak Terrace Boulevard, Holland, OH 43528

419-213-6255



### **Planned Parenthood**

[www.plannedparenthood.org](http://www.plannedparenthood.org)

1301 Jefferson Ave, Toledo, OH 43604

419-255-1115, or

7059 Orchard Centre Drive, Holland, OH 43528

419-491-6146

### **AIDS Resource Center**

[www.arcoho.org/hiv-info-testing/testing/175-toledo-northwest-ohio-hiv-testing](http://www.arcoho.org/hiv-info-testing/testing/175-toledo-northwest-ohio-hiv-testing)

3450 W. Central Ave, Suite 210, Toledo, OH 43606

419-241-9444

### **Arms Forces**

[www.thearmsforces.org](http://www.thearmsforces.org)

Maumee

419-491-1555

- FREE
- Veterans with traumatic brain injuries or post-traumatic stress disorder

### **Poison Information Center**

[www.aapcc.org](http://www.aapcc.org)

800-222-1222

### **Mental Health (Also see Addiction pg.1)**

#### **Arrowhead Behavioral Health**

[www.arrowheadbehavioral.com](http://www.arrowheadbehavioral.com)

1725 Timber Line Rd. Maumee, OH 43537

419- 891-933

18 years or older

- Private 48-bed psychiatric hospital
- Provides inpatient and outpatient recovery and addiction services

#### **Celebrate Recovery**

<http://cedarcreek.tv/get-connected/celebrate-recovery/>

- All Cedar Creek Church Campuses
- Every Friday Night - support for all life struggles both mental health and drug addictions

#### **Rescue Mental Health & Addiction Services**

3350 Collingwood Blvd. Toledo, OH 43610

419-255-9585

[www.rescuemhs.com](http://www.rescuemhs.com)

- Adult and children assessments, referrals and stabilization services
- 24 hour Emergency Helpline: **call 211**
- Urgent Care Center

### **Mental Health and Recovery Services Board**

[www.lcmhrsb.oh.gov](http://www.lcmhrsb.oh.gov)

701 Adams Street, Suite 800, Toledo, Ohio 43604

419-213-4600

- Planning, funding, evaluation, and monitoring of addiction and mental health services

### **Court Diagnostic & Treatment Center**

[www.courtdiagnostic.com](http://www.courtdiagnostic.com)

1946 N. 13<sup>th</sup> St. Suite 230 Toledo OH, 43604

419-244-8624

- Evaluation services, mental health treatment, consulting services

### **A Renewed Mind**

[www.arenewedmindservices.org](http://www.arenewedmindservices.org)

1946 N. 13<sup>th</sup> St. Toledo, OH 43604

419-720-9247

- Assessments, evaluations, medicated assisted treatment
- Adults/children

### **Zepf Center**

[www.zepfcenter.org](http://www.zepfcenter.org)

6605 West Central Ave, Toledo, OH 43617

419-841-7701

- Child & adolescent psychiatric, medical, residential, and therapy service
- Adults/children

### **Empowered for Excellence**

919 Madison Ave, Toledo, OH, 43604

567-316-7253

- Addiction and mental health treatment

### **Harbor**

[www.harbor.org/list-of-harbor-services.html](http://www.harbor.org/list-of-harbor-services.html)

[www.harbor.org](http://www.harbor.org)

4344 Secor Road, Toledo, OH 43617

419-475-4449

- Adults/children

### **National Alliance for Mental Illness (NAMI)**

[www.nami.org](http://www.nami.org)

2753 W. Central Ave, Toledo, OH 43606

419-243-1119

- Family oriented support, education and advocacy organization.
- Adults/children

### **Family Services of NW Ohio**

[www.fsno.org](http://www.fsno.org)

701 Jefferson, Suite 301, Toledo, OH 43604

**419-321-6455**

- Assessment, Counseling and treatment services
- Adults/children

### **Unison Behavioral Health**

[www.unisonbhg.org](http://www.unisonbhg.org)

1425 Starr Ave, Toledo, Oh 43605

**419-693-0631**

### **Parenting Classes/Counseling**

#### **Crossroads Family Resource Center**

[www.lssnwo.org/messenger/FRC.htm](http://www.lssnwo.org/messenger/FRC.htm)

4543 Douglas Rd. Toledo, OH 43613

**419-475-3258**

#### **Family Services of N.W.O.**

[www.fsno.org](http://www.fsno.org)

One Stranahan Sq. Suite 414

Toledo, OH 43604

**419-321-6455**

- Group sessions depend on referral, individual sessions, no cost with Medicaid self pay must be approved

#### **Lutheran Social Services of Northwest Ohio**

[www.lssnwo.org](http://www.lssnwo.org)

2149 Collingwood Blvd, Toledo, OH 43614

**419-243-9178**

- Helps families going through crisis remain in their homes
- Adults/children

#### **Urban Minority Alcoholism and Drug Abuse Outreach Program( UMADAOP)**

[www.umadaop.org](http://www.umadaop.org)

2447 Nebraska Ave. Toledo, OH 43607

**419-255-4444**

- Treatment recovery and prevention services

#### **Thomas M. Wernert Center**

[www.wernertcenter.org](http://www.wernertcenter.org)

208 W. Woodruff, Ave, Toledo, OH 43604

**419-242-3000**

- Support for those recovering from mental illness
- Adults only

### **Neighborhood Properties**

[www.neighborhoodproperties.org](http://www.neighborhoodproperties.org)

2753 W. Central Ave, Toledo, OH 4360

**419-473-2604**

- Permanent supportive housing for individuals with mental illness
- Must have referral and be engaged in mental health treatment.

### **FOCUS**

[www.focustoledo.org](http://www.focustoledo.org)

2283 Ashland Ave, Toledo, OH 43620

**419-244-2175**

- Permanent housing for mental/physical disabilities, substance abuse rehabilitation; transitional housing for homeless

### **A Renewed Mind**

[www.arenewedmindservices.org](http://www.arenewedmindservices.org)

1946 n 13<sup>th</sup> St. Toledo, OH 43604

**419-720-9247**

- Adults/children

### **The Providence Center for Social & Economic Empowerment**

[www.providencecentertoledo.org](http://www.providencecentertoledo.org)

1205 Broadway Toledo, Ohio 43609

### **Pregnancy**

#### **Heartbeat of Toledo Inc**

4041 Sylvania Ave, Toledo, OH 43623

**419-241-9131**

101 Main St., Ste. 2, Toledo, OH 43605

**419-214-0768**

#### **The Pregnancy Center**

[www.pregnancycenter.org](http://www.pregnancycenter.org)

716 N. Westwood, Toledo, OH, 43607

**419-578-7350**

#### **Planned Parenthood**

[www.plannedparenthood.org](http://www.plannedparenthood.org)

1301 Jefferson Ave, Toledo, OH 43604

**419-255-1115**

### **The Providence Center for Social & Economic Empowerment**

[www.providencecentertoledo.org](http://www.providencecentertoledo.org)

1205 Broadway Toledo, Ohio 43609

## **Prescriptions**

**Ohio Benefit Bank,**  
[www.obb.ohio.gov](http://www.obb.ohio.gov)

**1-800-648-1176**

- Medicare Rx Extra Help ("Medicare Part D")
- Ohio's Best Rx (no income limit for 60+)

**Partnership for Prescription Assistance**  
[www.pparx.org](http://www.pparx.org)

**1-888-477-2669**

- Free or low-cost

**Needy Meds**

[www.needymeds.org](http://www.needymeds.org)

**Prescription Hope**  
[www.prescriptionhope.com](http://www.prescriptionhope.com)

**1-877-296-HOPE (4673)**

- FDA-approved brand-name prescription medications for a \$12 per prescription per month service fee

## **Pets**

**Humane Ohio,**  
[www.humaneohio.org](http://www.humaneohio.org)

3131 Tremainsville Rd, Toledo, OH 43613

**419-266-5607**

- Mondays 10AM-1PM, once a month per household
- FREE Pet Food

**Toledo Area Humane Society**  
[www.toledohumane.org](http://www.toledohumane.org)

1920 Indian Wood Circle, Maumee, OH 43537

**419-891-0705**

- FREE
- Tues-Sun 10AM-530PM
- Once every 3 month per household
- Bring photo ID

## **Reentry**

**Reentry Coalition of Northwest Ohio**

525 Jefferson, Toledo, OH 43604,

**419-930-2313**

- First Wednesday of month, 11am-1pm, First Floor, One Government Center, Toledo
- CQE Clinics throughout the year
- GED Assistance

## **Pathways**

[www.pathwaytoledo.org](http://www.pathwaytoledo.org)

505 Hamilton Ave, Toledo, OH 43604

**419-242-7304**

- Employment readiness, resume-building

**Neighborhood Properties Inc.** (housing)

[www.neighborhoodproperties.org](http://www.neighborhoodproperties.org)

2753 W. Central Ave, Toledo, OH 43606

**419-473-2604**

- Must have referral from mental health agency and be engaged in mental health treatment

## **CareNet**

[www.toledocarenet.org](http://www.toledocarenet.org)

**419-842-0800**

- Sliding-scale free health care for low-income Lucas County residents

**St. Paul's Community Center**

[www.stpaulscommunitycenter.org](http://www.stpaulscommunitycenter.org)

230 13th Street, Toledo, OH 43604

**419-255-5520 ext. 203**

- Class: Ex-Offenders Guide to Employment

## **Legal Aid Line**

[www.legalaidline.org](http://www.legalaidline.org)

**1-888-534-1432 or 419-724-0460**

- Advice/referrals in civil matters, income limits apply

## **Senior Services**

**Area Office on Aging**

[www.areaofficeonaging.com](http://www.areaofficeonaging.com)

2155 Arlington Ave, Toledo, OH 43609

**419-382-0624**

60+ or families raising relatives

## **Lutheran Social Services,**

[www.lssnwo.org](http://www.lssnwo.org)

2149 Collingwood Blvd, Toledo, OH 43620

**419-243-9178**

- Counseling, day programs, court-appointed legal guardians

## **Senior Outreach of Mercy Home Care**

2200 Jefferson Ave, Toledo, OH 43604

**419-251-8579**

- Home visits to chronically ill/55yrs.+

**Maumee Senior Center**

[www.maumeeseniorencenter.com](http://www.maumeeseniorencenter.com)

2430 S. Detroit Ave, Maumee, OH 43537

419-893-1994

- 60+

**Mayores Senior Center**

[www.nhainc.org/mayores-senior-center](http://www.nhainc.org/mayores-senior-center)

2 Aurora Drive, Toledo, OH 43609

419-242-1144

**Toledo Senior Activites Center**

[www.seniorcentersinc.org](http://www.seniorcentersinc.org)

1001 White St, Toledo, OH 43604

419-691-2254

- 60+, transportation services for East Toledo/Oregon residents only

**Shelters (Call 2-1-1 Coordinated Access)***Single Women:***Sparrow's Nest,**

436 W. Delaware Toledo, OH 43610

419-321-1835

**St. Paul's Community Center**

[www.stpaulscommunitycenter.org](http://www.stpaulscommunitycenter.org)

230 13th St, Toledo, OH 43604

419-255-5520

**Aurora Project**

[www.auroraprojectinc.org](http://www.auroraprojectinc.org)

1035 N. Superior St. Toledo, OH 43604

419-244-3200

- Transitional housing

**Beach House**

[www.beachhousetoledo.org](http://www.beachhousetoledo.org)

915 N. Erie St, Toledo, OH 43604

419-241-9277

**Family House**

<http://familyhousetoledo.org/>

669 Indiana Avenue, Toledo, OH 43604

419-242-5505

Must have photo ID and birth certificate

- No sex offenders

*Single Men:***Cherry Street Mission**

[www.cherrystreetmission.org](http://www.cherrystreetmission.org)

105 17th St, Toledo, OH 43604

419-242-5141

**Toledo Gospel Rescue Mission**

[www.toledogospelrescuemission.org](http://www.toledogospelrescuemission.org)

1917 Jefferson Ave, Toledo, OH 43604

419-242-6642

- No sex offenders

**St. Paul's Community Center**

[www.stpaulscommunitycenter.org](http://www.stpaulscommunitycenter.org)

230 13th St, Toledo, OH 43604

419-255-552

- No sex offenders

**Open Door Ministry,**

[www.cherrystreetmission.org](http://www.cherrystreetmission.org)

2825 Cherry St, Toledo OH 43604

419-242-7281

- No sex offenders
- Men recovering from addiction

*Women with Children / Pregnant Women:***Beach House**

[www.beachhousetoledo.org](http://www.beachhousetoledo.org)

915 N. Erie St, Toledo, OH 43604

419-241-9277

**YWCA Battered Women's Shelter**

[www.ywca.org/site/c.cuIRJ7NTKrLaG/b.7515807/k.2737/YWCA\\_Eliminating\\_Racism\\_Empowering\\_Women.htm](http://www.ywca.org/site/c.cuIRJ7NTKrLaG/b.7515807/k.2737/YWCA_Eliminating_Racism_Empowering_Women.htm)

1018 Jefferson Ave. Toledo, OH 43604

1-888-341-7386 (24/7 crisis hotline)

- Single women, women with children

**Family House**

[www.familyhousetoledo.org](http://www.familyhousetoledo.org)

669 Indiana Avenue, Toledo, OH 43604

419-242-5505

- Must have photo ID and birth certificate
- No sex offenders

**Aurora Project**, 1035 N. Superior St Toledo, OH 43604,

419-244-3200 <http://www.auroraprojectinc.org/>

**Catholic Charities LaPosada Shelter**

[www.catholiccharitiesnwo.org/la-posada](http://www.catholiccharitiesnwo.org/la-posada)

435 Eastern Ave Toledo, OH 43604

419-244-5931

- Family Center

**Rebekah's Haven**

[www.toledogospelrescuemission.org/rebekahs-haven](http://www.toledogospelrescuemission.org/rebekahs-haven)

1917 Jefferson Ave, Toledo OH 43604

419-243-0403

- Homeless women and children

*Men with Children / Children with Both Parents:*

**Beach House**

[www.beachhousetoledo.org/](http://www.beachhousetoledo.org/)

915 N. Erie St, Toledo, OH 43604

419-241-9277

**Family House**

[www.familyhousetoledo.org](http://www.familyhousetoledo.org)

669 Indiana Avenue, Toledo, OH 43604

419-242-5505

- Must have photo ID and birth certificate for each child
- No sex offenders

**Catholic Charities La Posada Shelter**

435 Eastern Ave, Toledo, OH 43604

419-244-5931

<https://catholiccharitiesnwo.org/la-posada/>

- Family center

**Tax Filing, FREE****Ohio Benefit Bank Tax Site**

[www.obb.ohio.gov](http://www.obb.ohio.gov)

Call 1-800-648-1176

- To find the nearest. Free federal, state and school district e-filing for families who make \$57,000 per year or less

**United Way 2-1-1**

<http://www.unitedwaytoledo.org/211>

800-650-4357

**Transportation****TARTA**

[www.tarta.com](http://www.tarta.com)

- Call-A-Ride, 419-243-RIDE (416-243-7433)
- \$2.50 round trip, \$1.25 for seniors and those with disabilities

**TARPS**

[www.tarta.com/services/tarps/](http://www.tarta.com/services/tarps/)

419-382-9901

- For those with disabilities
- \$2.50 per direction

**Cherry Street Mission**

[www.cherrystreetmission.org](http://www.cherrystreetmission.org)

105 17th St, Toledo, OH 43604, 419-242-5141

- Men in shelter

**Sparrow's Nest**

436 W. Delaware, OH 43610

419-321-1835

- Women in shelter

**TLC Transportation**

[www.tlchcs.com](http://www.tlchcs.com)

5517 Telegraph Rd. Toledo, OH 43612

419-476-9650

- Accepts most insurance plans, private pay and Medicaid

**Toledo Bikes!**

[www.toledobikes.org](http://www.toledobikes.org)

1114 Washington St., Toledo OH 43604

419-386-6090

- Volunteers rebuild a bike and are able to keep for transportation, also bikes for sale

**Utilities/Home Energy Assistance Program (HEAP)****Ohio Benefit Bank**

[www.obb.ohio.gov](http://www.obb.ohio.gov)

1-800-648-1176 or

- Various locations

**Pathway Toledo**

<http://pathwaytoledo.org/>

505 Hamilton Ave, Toledo, OH 43604

419-242-7304

**Ohio Department of Development,**

[www.development.ohio.gov](http://www.development.ohio.gov)

- Download HEAP application

**Salvation Army of Northwest Ohio**

[www.salvationarmy.org](http://www.salvationarmy.org)

620 N. Erie St, Toledo, OH 43604

**419-241-2294** (utility assistance, call Tues 830AM-11AM),

**419-241-3549** (social services)

**419-241-1138** (main)

- Must have disconnect notice

**Veterans' Service Commission**

[www.co.lucas.oh.us/index.aspx?nid=958](http://www.co.lucas.oh.us/index.aspx?nid=958)

1301 Monroe St, Suite 180, Toledo, OH 43614

**419-213-6090**

- Emergency assistance for veterans and spouses

**East Toledo Family Center**

[www.etfc.org](http://www.etfc.org)

1020 Varland Ave, Toledo, OH 43605

**419-691-1429**

**Sylvania Area Family Services**

[www.sylvaniaareafamilyservices.org](http://www.sylvaniaareafamilyservices.org)

5440 Marshall Rd, Sylvania, OH 43560

**419-882-8415**

Sylvania residents only

Must have disconnect notice

**Ohio Consumers' Counsel**, <http://www.occ.ohio.gov/>

**1-877-PICKOCC (742-5622)**

- Questions/complaints

**Toledo Area Ministries Clearing House**

[www.tamohio.org/j25/index.php/ministries/clearinghouse](http://www.tamohio.org/j25/index.php/ministries/clearinghouse)

444 Floyd St, Toledo, OH 43606

**419-724-1020**

- M-F 9-Noon
- Need referral from local church.

**Vehicle Repairs****Job and Family Services PRC**

[www.jfs.ohio.gov/owf/prc/index.stm](http://www.jfs.ohio.gov/owf/prc/index.stm)

3250 Monroe St, Toledo, OH 43606

**419-213-8900**

- Program for families with children and pregnant women, income limits apply

**Cedar Creek Church**

<http://cedarcreek.tv/>

29129 Lime City Rd, Perrysburg, OH 43551

**419-661-8661**

**Toledo Area Ministries Clearing House**

[www.tamohio.org/j25/index.php/ministries/clearinghouse](http://www.tamohio.org/j25/index.php/ministries/clearinghouse)

444 Floyd St, Toledo, OH 43606

**419-724-1020.**

- M-F 9-Noon
- Need referral from local church

**Veterans****Veterans' Service Commission**

[www.co.lucas.oh.us/index.aspx?nid=958](http://www.co.lucas.oh.us/index.aspx?nid=958)

2595 Arlington, Toledo, OH 43614

**419-213-6090**

- Emergency financial services, veterans and spouse

**Department of Veterans Affairs**

[www.va.gov](http://www.va.gov)

3333 Glendale Ave, Toledo, OH 43614

**419-259-2000**

- Outpatient clinic

**Arms Forces**

<http://www.thearmsforces.org/>

PO Box 981, Maumee, OH 43551

**419-491-1555**

- Traumatic brain injuries or post-traumatic stress disorder FREE

**Neighborhood Properties Inc.**

[www.neighborhoodproperties.org/](http://www.neighborhoodproperties.org/)

2753 W. Central Ave, Toledo, OH 43606

**419-473-2604**

- Housing for homeless veterans

**Vision/Eye Care****Mildred Bayer Clinic for the Homeless**

[www.nhainc.org/bayer-homeless-clinic](http://www.nhainc.org/bayer-homeless-clinic)

2101 Jefferson Ave, Toledo, OH 43604

**419-241-1554**

**Prevent Blindness Ohio**

[www.ohio.preventblindness.org](http://www.ohio.preventblindness.org)

**1- 800-301-2020**

- FREE eye exams, follow-up care, eyewear for low-income children and families
- Homeless/uninsured adults

**VisionUSA**

[www.aoa.org](http://www.aoa.org)

**1-800-766-4466,**

- FREE or low-cost exams and eyewear for low-income, uninsured, 2 years since last exam